

Practical Handbook for Technical Evaluation of Table Tennis for Special Olympics World Games 2023

This manual contains the methodology for the evaluation and divisioning of Special Olympics Athletes at World Games. To undertake evaluative testing of athletes, the evaluator (s) should have prior knowledge of training techniques and the rules of table tennis.

To apply the tests it is necessary to know the technical and tactical on how to play Table Tennis. The coach must be able to perform the following strokes with an acceptable level of technical execution:

- Forehand drive. (Rally) 10 strokes cross court
- Backhand drive. (Rally) 10 strokes cross court
- Forehand topspin. (Rally) 5 strokes cross court
- Backhand topspin. (Rally) 5 strokes cross court
- Forehand block. 5 strokes cross court
- Backhand block. 5 strokes cross court
- Forehand backspin push. 5 strokes
- Backhand backspin push. 5 strokes
- Service. (Topspin, backspin, sidespin, etc.) 10 serves
- Returns and service returns. 10 serves (five each per athlete/coach)

Structure of Test:

- One minute warmup, observe if the athlete has full mobility in their body (arms and legs), or have any additional impediment that limits their play. Mobility restriction (none, low, medium, high).
- 10 Balls each will be launched to the athlete under evaluation.
- The coach is recommended to throw the balls. If they do not want to or are unable to and there are two evaluators, an evaluator can throw the balls.

- A match between the two athletes under evaluation will take place to assess technical and tactical elements simultaneously. If you have enough time the best of 3 sets of 11 points each, if not only one set of 11 points will be enough.

Evaluation Criteria

In all cases, the following will be assessed:

1. TECHNICAL.

The overall technical execution (Ready position, the grip or holding of the racquet, preparation, footwork, point of impact on the ball and the ending of the stroke).

2. TACTICS.

Tactical elements the athlete displays while executing the strokes during the match will be taken into account.

The Evaluator, according to the degree of compliance with these sections in each one of the strokes to execute, will deliver the final grade. The evaluator will deliver a final grade based on the athlete's performance of the tactical and technical elements listed below.

The technical performance of the technique will be assessed by assigning a score to each technique performed techniques performed (adjusted to the correct technical patterns), according to the following scale:

- 90-100 Excellent
- 80-89 Very Good
- 70-79 Good
- 60-69 Acceptable
- 50-59 Regular
- 40-49 May Improve
- 39-10 Low

The score of the technical execution will be the main value obtained after five rounds (average of 5 ratings of 1 to 10, one for each attempt). The score for the overall technical execution will be the sum of the score on each of the 10 strokes (maximum 100).

1. TECHNICAL ELEMENTS

With ball (strokes):

- Forehand and backhand drive
- Forehand and backhand block
- Forehand and backhand topspin
- Forehand and backhand backspin push
- Services
- Returns and push
- Counter top spin forehand and backhand
- Flip forehand and backhand
- Defense push from forehand and backhand

Without ball (strokes):

- Ready position footwork and body orientation towards the ball and according to the stroke used
- Grips (hold of the racket)
- Body drive around the table

2. TACTICAL ELEMENTS :

These are measured in the technical tests of each one of the strokes and mostly in the match that the athlete has to perform.

- Use of the playing surface
- Capacity and consistency holding diagonal and parallel shots
- Change of speed
- Variation
- Ball placement
- Ability to add different effects to the ball

- Variation in intensity of effects
- Change in gameplay
- Anticipation
- Deception
- Hiding
- Use and utilization of own strengths
- Taking advantage of opportunities
- Use and exploiting the weaknesses of the opponent
- Taking risks
- Surprise factor
- Set up for the third ball attack
- Technical execution of flips
- Use and utilization of downtime

Special Olympics World Games Berlin 2023

Table Tennis Home Skills Assessment

Table Tennis Home Evaluation						
Athlete Name (Last Name, Name)				Delegation (SO Country)		
Gender (F/M)		Age		DOB		Play Hand:

Scoring is based on a maximum of 10 attempts for each stroke. Points will be awarded between 1 to 10, for each of the evaluation criteria.

Strokes	Evaluations Criteria		
	Technical	Tactics*	Comments
Forehand Drive Rally (10)			
Backhand Drive Rally (10)			
Forehand Top Spin (5)			
Backhand Top Spin (5)			
Forehand Block (5)			
Backhand Block (5)			
Forehand Backspin Push (5)			
Backhand Backspin Push (5)			
Services (10)			
Return / Service Returns (5 each)			
Final Score			

The person who is doing the evaluation will give a score between 1 and 10 for each stroke that is being evaluated. At the end of the evaluation, the evaluator will write the final score (the sum) for each of the evaluated criteria. In addition, the evaluator will give their general opinion, of how they rate the athlete's playing skills, please mark in the attached box.



Skills Assessment Match Play Results					
LAST NAME, Name		Vs	LAST NAME, Name		
Match Score				Match Score	

	90-100 Excellent
	80-89 Very Good
	70-79 Good
	60-69 Acceptable
	50-59 Regular
	40-49 May Improve
	39-10 Low

*The TACTICs aspect will be evaluated in the match played by the Athlete under evaluation.

EVALUATOR/ COACH

Name Evaluator/ Coach (in capital letters)

Date/ Signature