Guiding questions for Health Messengers Biographies

1. What is your full name? Also, do you have a nickname that you ask people to call you or a preferred name that is different than your full name?

2. Where are you from?

3. Please describe your sports involvement with Special Olympics. Start with when you began and please include your sports and your favorite or proudest moment(s).

4. What made you decide to become a Health Messenger?

5. What have you done in your role since you were trained?

6. Please share a health tip.

7. What should health care providers know about working with people with intellectual disabilities?

8. Please tell us a little bit about your life outside of Special Olympics. For example, if you are employed, please tell us what you do; or if you go to school, please tell us what grade or focus you have; etc.

9. Share with us a couple of good photos of you that we can post on the Special Olympics website.